In Honor and Recognition of Child Care Provider Appreciation Day

Jefferson-Lewis Childcare Project invites all providers and program staff to attend a special celebration!

Thursday, May 7 from 6:00-7:30 PM
Savory Downtown
300 Washington Street, Watertown

Enjoy meeting and mingling with other early childhood professionals
A selection of light appetizers will be served
Programs will be recognized for milestone years of service

We are looking forward to celebrating with you!
Complete details will be coming soon

Early Childhood Professional Card 2020 Participating Businesses

Europe Cakes
Eye Crave
OD Greene Lumber
Paint it! Pottery
Home Deli Pizza and Subs
Maynestream Photography
Vigilante Yoga
MERsage
Cabanabay Tanning
PB&J Café
KDM Kustoms
Jeb’s Restaurant

Edible Arrangements
Abbey Carpet
Johnny D’s
9 Round Kickboxing Fitness
The Treehouse Hourly Child Care
Let’s Bounce
The Tarot Café
Bounce Mountain
Spookhill Bar and Grill
Impossible Dream Thrift Store
Infinite Lives
Flashback Brewing Company

Every Child, Quality Care
THE NORTH COUNTRY ALLIANCE FOR EARLY CHILDHOOD EDUCATION PRESENTS:
EARLY CHILDHOOD PROFESSIONALS DAY!
Featuring Author, Expert, and Leader:
Lisa Murphy
THE OOYEY GOOEY LADY
MAY 28, 2020 | 9 AM - 3 PM
STURTZ THEATER
JEFFERSON COMMUNITY COLLEGE

Workshop Titles
WHAT IF TODAY WAS THEIR ONLY DAY?
Keynote

MANY KINDS OF SMART

OOYEY GOOEY® SQUISHY PLOP!
For more information about each of the following workshops or to read their descriptions please go to ooeygooey.com/category/workshop/

Registration Information
Individuals working in Licensed or Registered child care facilities and in school district funded pre-kindergarten programs in Jefferson and Lewis Counties are invited to register beginning March 1.
Registration fees for these individuals will be paid by sponsoring organizations.
Registration link: tinyurl.com/ECPday2020
For more information about this event please call:
315-782-4900 ext. 240
Upcoming Workshops

All workshops are held at Community Action Planning Council unless otherwise noted. Register online at capcjc.org/programs/jlcp/training or complete and mail the registration form at the end of this catalog. If there is a fee for your training, it must be received by the registration deadline. Questions? Give us a call!

The Growing Brain

Tuesdays March 10, March 24 and April 7 from 6:00-9:00 PM

The Growing Brain Curriculum is an innovative professional development opportunity that provides a toolkit of how the brain develops, along with ways you can encourage healthy brain development in children. Participants will develop skills and strategies to understand the architecture and neurobiology of brain development while learning how to support prosocial behavior and cognition. The last unit will focus on how play is essential to the growing brain. These training sessions are part of the Growing Brain: From Birth to 5 Years curriculum and delivered by a certified ZERO TO THREE Trainer.

Trainer: Emily Cleaver

OCFS Topic Areas: Child Dev, Program Dev, Statutes & Regulations, Business

Cost: FREE  Register online or call 315-782-4900 x 237 by March 4

The Move from CPSE to CSE

Wednesday April 22 from 6:00-7:30 PM

As children move from preschool special education services (CPSE) to school-age special education services (CSE) it is important to be aware of the changes that will occur. This training will provide information on the process and how to support families throughout the transition. Parents are welcome to attend this session as well.

Trainer: Cori Lesher

OCFS Topic Areas: Safety and Security Procedures, Business Record Maintenance and Management

Cost: FREE  Register online or call 315-782-4900 x 286 by April 17

Let’s Get Physical! Everyday Active Play for Young Children

Tuesday June 16 from 6:00-8:30 PM in Lowville

Join us for this active, hands-on workshop and explore simple ways to encourage children to be more active throughout the day. These activities use only inexpensive equipment, work in small spaces, and can be enjoyed in home-based and center-based childcare settings as well as by families in their homes. We will talk about the importance of physical activity and the benefits for young children, and you will also learn how to lead early childhood physical activities that are developmentally appropriate and inclusive.

Trainer: Watertown: Angie VanWormer

OCFS Topic Areas: Child Development, Program Development, Nutrition and Health

Cost: FREE  Register online or call 315-782-4900 x 289 or 231 by June 12

Heartsaver® Pediatric First Aid CPR AED: American Heart Association

Saturdays 4/18, 5/30, 9/19, 11/14, 12/12 from 8:30 AM-2 PM

This 5-hour course offers certification training for Pediatric First Aid, CPR and AED. Registration with payment due on Friday two weeks before each class. Minimum of 5 participants, maximum of 12. Financial assistance may be available for qualifying applicants through Educational Incentive Program and CSEA/VOICE Professional Development Training Program. Call for more information.

Trainers: Angie VanWormer and Emily Cleaver

OCFS Topic Areas: Nutrition and Health, Safety and Security

Cost: $65  To register, mail form with payment OR register online then send payment

**Deadline to register for all dates is the Friday TWO WEEKS prior to the class**

Toddlers and Literacy: What Works and What Counts

This reflective email-based course is brought to you by the Region III Infant-Toddler Network. Learn more about this FREE 6-hour course and how you can participate by contacting Emily at 315-782-4900 ext. 237. When it comes to literacy, toddlers are in the prime time to develop the foundation for all future learning. In this course we will look at what toddlers are like, how they learn and how we make decisions about our work with them. You’ll learn literacy concepts that count and literacy practices that work with toddlers.

OCFS Topic Areas: Child Development, Program Development, Nutrition and Health

Cost: FREE
**What is Tailor-Made Training?** Instead of a pre-set date and time, Tailor-Made-Training is scheduled around your needs, when you’re not caring for children, usually in the evening. Topics are between 1-2 hours in length. This training is free for those working in Registered/Licensed programs in Jefferson & Lewis Counties and can be designed for individuals or small groups of providers. We will develop training around your interests and schedule it at a time that works for you. No two sessions are exactly alike!

We will bring the training to you and your neighboring providers, or we can hold sessions in our training space. If you aren’t already connected to other providers, we will help spread the word about your training.

Give us a call or use our [online request form](#) to request a training topic. We will work with you to plan an individualized workshop that meets your needs. We look forward to hearing from you!

Angie: x 239 or avanwormer@capcjc.org  Emily: x 237 or ecleaver@capcjc.org  Cori: x 286 or clesher@capcjc.org

*Looking for a different topic? We have many more to offer!*  
*Contact us for a complete list or to discuss your specific training needs and interests!*

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**Training Topic Areas Key**

OCFS Topic Areas:
- CD: Principles of Child Development
- NH: Nutrition and Health Needs
- CAM: Child Abuse & Maltreatment
- ID & Prevention
- PD: Child Care Program Development
- R-CDC: Statutes & Regs Pertaining to Child Care
- SS: Safety and Security
- R-CAM: Statutes & Regs Pertaining to Child Abuse
- SBS: Shaken Baby Syndrome

**Color Key**
- Blue: Behavior/Guidance
- Green: Program Development
- Purple: Child Development
- Gray: Safety/Regulations
- Orange: Curriculum Development
- Yellow: Business
- Pink: Infant/Toddler
- White: Special Needs

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**Suspension & Expulsion in Child Care and Preschool: Why and What Can We Do?**  
Preschoolers are more likely to be expelled than children in any other grade and this practice can lead to negative school and life outcomes. Why is this the case and what can you do to prevent or reduce expulsions? This training will explore the effects of suspension and expulsion on children in child care and preschool settings. We will also discuss possible alternatives when expulsion may seem like the only option.  
OCFS Topic Areas: PD

**Overview of the Special Education Process**  
Do you have a child being evaluated for special education services? Would you like to know more about the process to support the child, the family, and learn your role? This training will discuss the process of evaluation, identification, the Individualized Education Plan, and the services available. We will also discuss how to talk to parents about your concerns regarding the development of their children.  
OCFS Topic Areas: SS

**S.M.A.R.T. Goals**  
Do you ever find yourself getting bogged down by your day-to-day tasks and routines? Are you so focused on short-term problems that you have forgotten to continue working towards your long-term goals? During this training we will break down the meaning of S.M.A.R.T. so you are able to learn how to set realistic and attainable goals for your program.  
OCFS Topic Areas: BZ

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**Child Development Basics**  
Understanding child development and how to support each learning area can be overwhelming, but it’s an important part of providing quality child care. This training will focus on the basics of development in one learning area of your choosing: Physical, Cognitive, Language, or Social Emotional. We will discuss milestones, how to track development, and ways to support development. This interactive and individualized training is geared towards those who are new to working with young children or would like a refresher.  
OCFS Topic Areas: CD, PD

**Instant Interactions**  
The everyday interactions children have with adults build vocabulary and language skills, promote social and emotional development, and support healthy brain development. It’s not difficult to have more meaningful interactions, and no fancy equipment or special materials are required! This workshop will provide you with simple strategies to strengthen your interactions and help you understand why it matters to do so.  
OCFS Topic Areas: CD, PD
Promoting Problem-Solving Skills
Where groups of children are together, conflict isn’t far behind. Your responses to everyday disagreements and disappointments can help children learn to solve their own problems. This workshop will provide you with simple strategies to empower children, reduce challenging behavior, and create more peaceful, happy moments in your program.
OCFS Topic Areas: CD, PD

The Move from CPSE to CSE
As children move from preschool special education services (CPSE) to school-age special education services (CSE) it is important to be aware of the changes that will occur. This training will provide information on the process and how to support the family throughout the transition.
OCFS Topic Areas: SS, BZ

How to Effectively Use Contracts and Policies
This training was developed by Tom Copeland, renowned tax and child care business specialist and licensed attorney. In this workshop we will discuss how to establish a business relationships with parents, the key terms that you should include in contracts and policies, how to enforce your contract, how and when to terminate a contract, and how you can resolve conflicts with parents.
OCFS Topic Areas: BZ

How to Respond to Biting
Biting is a normal part of development for children. It is used to convey how a child is feeling or a need or want. Biting can also be frustrating when we don’t know why the biting is happening or how to prevent it. In this training we will look at why young children bite, how to respond in an appropriate way and discuss specific strategies that can be done to help prevent a child from biting. This can also be a stressful time for parents, making communication strained or tense. Along with strategies for preventing and responding to biting, we will also discuss how to approach parents in a positive way that supports them and their child.
OCFS Topic Areas: CD, PD, SS

Expectations and Positive Guidance
How do you feel when children are using behavior that is disruptive, disrespectful or unsafe? In this workshop we will reflect on our own “hot buttons” and expectations for children’s behavior. We will discuss the difference between reacting to behavior and responding with positive guidance, and develop strategies to help children learn to use more acceptable ways of communicating their needs.
OCFS Topic Areas: CD, PD

What is DAP?
This little acronym gets thrown around a lot, but what does it actually mean? Let’s take a step back to talk about the basics of Developmentally Appropriate Practice, how young children learn and develop, and your role as an early childhood professional. Whether this is a refresher or the first time you’ve thought about DAP in your program, this workshop is for you!
OCFS Topic Areas: CD, PD

Child-Led Learning
Children love to explore, create, and submerge themselves in what interests them. Child-led learning gives children the independence to investigate and manage these interests while gaining a deeper understanding of their learning.
In this training we will discuss how to use documentation of interests to create new learning experiences and how this can be incorporated into any curriculum.
OCFS Topic Areas: PD

Supporting Preschoolers with Special Needs
Autism. Developmental Delays. ADD/ADHD. Speech/Language Delay. Sensory needs. Do you know what these are? Do you know red flags to watch for? Would you know how to work with a child who has special needs? Do you know what support they may need? Do you know how these conditions influence learning and behavior? This training will answer these questions and more.
OCFS Topic Areas: CD, PD

The Terrific Toddler
This workshop is designed specifically for the special people that care for and teach toddlers. We will talk about what it means to offer developmentally appropriate practices for toddlers. We will reflect on our own hot buttons and expectations for their behavior and discuss what it means to offer positive guidance. Then we will develop specific teaching strategies to help minimize some common challenging behaviors.
OCFS Topic Areas: CD, PD

You Can’t Lose Your Temperament
Have you wondered why some children are laid-back and others are more sensitive to their environment? We will discuss the nine different temperament traits and three temperament types to help you gain an understanding of how these inborn characteristics affect behavior.
OCFS Topic Areas: CD, PD
Technical Assistance and Consultation
Through a contract with the NYS Office of Children and Family Services, JLCP provides free, individualized support to child care programs and staff. Our technical assistance services address the unique needs of your program to help you be and do your very best for children.

Services we offer can include:

- Individual conversations to better understand you and your program
- Program observations to learn more about your areas of concern
- One-to-one or small group training on topics you request
- Onsite coaching to help you create goals and implement changes that lead to improvement

Reach out to one of our experienced Provider Services staff members to learn more!

Early Childhood Professionals Discount Program
Community businesses have joined JLCP to offer special recognition to early childhood professionals working in registered or licensed programs. For a list of current partners, visit [www.capcj.org/programs/jlcp/early-childhood-professionals/](http://www.capcj.org/programs/jlcp/early-childhood-professionals/) For more information, please call Emily at 315-782-4900 ext. 237.

Health and Safety Training
The health and safety of children in care is the highest priority for child care programs and for the New York State OCFS. Health and Safety training is developed by the Early Childhood Education and Training Program in collaboration with OCFS and is delivered by trained professionals across the state.

JLCP provides this valuable training for new Family and Group Family providers, as well as for new Day Care Center and School-Age Child Care staff and directors.

You may search for training online at [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). Click on “Health and Safety” to locate training near you, or contact us to learn about upcoming sessions at Community Action Planning Council.

Family/Group Family: Emily, ext. 237
Directors and Staff: Angie, ext. 239

Child & Adult Care Food Program (CACFP)
The NYS Department of Health Child & Adult Care Food Program (CACFP) assists and trains child care providers to serve nutritious meals to children in their care, supports the development of sound nutritional habits, and financially assist providers with the cost of nutritious foods they serve in their program. To learn how you can participate in this valuable program, call 315-782-4900 ext. 289.

Educational Incentive Program (EIP)
Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more info, or to apply for a scholarship, visit [ecetp.pdp.albany.edu](http://ecetp.pdp.albany.edu). You may also contact EIP at eip@pdp.albany.edu or 800-295-9616.

Quality Improvement Grant
JLCP offers grants to support programs in making quality improvements. This grant begins with a program self-assessment using the Environment Rating Scale. If you are interested in learning more about this grant opportunity, please contact Angie at extension 239 to learn more and apply for a grant!

JLCP Membership
Your membership fees help us offer support and recognition to early childhood programs in Jefferson and Lewis Counties, such as provider appreciation and networking activities and special events. Call 782-4900 ext. 239 to learn how you can become a member. Thank you for supporting high-quality child care in our area!

Child & Adult Care Food Program (CACFP)

Every Child, Quality Care
### Workshop Registration and Membership Form

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<th>Program Type</th>
<th>Cost</th>
<th>Date</th>
<th>Time</th>
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### Workshop Information

- **Type of Program**: SAC, CEC, ACEC, SAC, CEC, ACEC
- **Email**: [camp@camp.org](mailto:camp@camp.org)
- **Program Name**: SAC, CEC, ACEC, SAC, CEC, ACEC
- **Address**: 315, 782, 4900

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**Workshop Registration and Planning Council Community Action Planning Council**

Jefferson-Lewis Childcare Project

[Logo]
Attending JLCP Workshops

Registration & Payment: To register for training, register online or complete a registration form and submit with payment, where applicable, to CAPC by mail or in person at least 3 business days prior unless otherwise noted. CAPC is not responsible for payments that are left with or handed to anyone other than Admin staff. Registration forms can be found at www.capcjc.org/programs/jlcp/training/. Accepted payment: cash, check payable to CAPC, money orders, purchase orders and EIP Award Notice. If you receive EIP scholarship for training for which you have already paid, CAPC will issue a reimbursement. You are responsible for any difference between the award amount and the cost of the class and payment must be received prior to class. All checks returned to CAPC for insufficient funds subject to current returned-check fee. Post-dated checks not accepted. Cancellations: If a class you have paid for is cancelled you will be notified and issued a training pass, equivalent to the amount you paid, to use toward another training within the next year. Training pass will be issued only if you cancel prior to the scheduled workshop. After business hours dial x 239 for voice mail. Certificates and Training Records: Certificates for trainings other than ECETP Webcast training will be given to participants upon completion of a training and receipt of full payment. We will provide a record of your JLCP training upon request. ECETP Webcast Training: Photo ID is required. If you are registered and can not attend, please call 800-295-9616. Participants must arrive by 6:45 pm, stay until 9 pm and receive a passing grade on the multiple-choice test in order to receive credit for attending. Certificates accessible in participant ECETP accounts or mailed. Children: While we love children, our trainings are intended for adult audiences only. Questions? Call 315-782-4900 ext. 239.

Jefferson-Lewis Childcare Project
(315) 782-4900
Fax: (315) 788-8251
Child Care Referrals: (315) 782-8475 or 1-800-287-8904

Cathy Brodeur, JCP Director, Ext. 240
Tracy Liptrott, Referrals/Subsidy Billing Manager, Ext. 253
Christine Vogt, Registration Specialist, Ext. 279
Matt Summers, Registration Supervisor, Ext. 230
Samantha Rennie, Registrar/LE Inspections Manager, Ext. 229
Angie VanWormer, Provider Services Specialist, Ext. 239
Emily Cleaver, Provider Services Coordinator, Ext. 237
Cori Lesher, Provider Services Coordinator, Ext. 286
Vickie Brownell, CACFP Coordinator, Ext. 289
Katie Smith, CACFP Manager, Ext. 231

Jefferson-Lewis Childcare Project brings together parents, child care professionals, community members, business leaders, and government agencies to help develop and support accessible, affordable, high-quality child care for children and families.

Learn more about Community Action and JLCP at www.capcjc.org